Harvest Banks & Buildings Income Fund announces normal course issuer bid December 11, 2009

Harvest Portfolios Group Inc., the manager (the "Manager") of Harvest Banks & Buildings Income Fund (the "Fund") today announced that the Fund will commence a normal course issuer bid to purchase a portion of the outstanding trust units (TSX: HBB.un) on the Toronto Stock Exchange ("TSX"). The purpose of the normal course issuer bid is to provide the Fund with a mechanism to decrease the potential spread between the net asset value per unit and the market price of the trust units and to provide enhanced liquidity for the trust units. Under the normal course issuer bid, the Fund intends to purchase up to 214,558 trust units, representing 10% of the public float of the securities issued and outstanding. These purchases will be made in accordance with applicable regulations, and will be effected through the facilities of TSX over a maximum period of 12 months commencing on December 11, 2009 and ending on the earlier of December 10, 2010 or on such date as the Fund completes its purchase under the normal course issuer bid or on such date as the Fund may otherwise determine. Trust units purchased will be cancelled. The Fund had 2,155,483 trust units issued and outstanding as at November 30, 2009. The Fund will not purchase in any given 30 day period, in the aggregate more than 43,110, being 2% of the issued and outstanding trust units as at November 30, 2009.

For further information: For media inquiries or additional information: please contact Harvest Portfolios Group Inc. at info@harvestportfolios.com or at 1-866-998-8298.