September 30, 2010

TSX symbol: HCF.UN HCF.WT

Investment Objectives

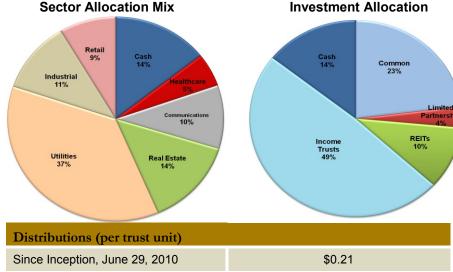
The investment objectives are to provide Unitholders with monthly distributions and the potential for capital appreciation over the course of the business cycle by investing in an actively managed portfolio comprised primarily of dividend-paying securities.

Fund Facts

Sub Advisor	Avenue Investment Management	
Assets	\$36.9 million	
NAV	\$12.21	
NAV (diluted)	\$11.95	
Market Price	\$11.45	
Current Yield	7.34%	
Distribution	.07 cents per unit monthly	

Top 25 Holdings

Cash	14.37%
Westshore Terminals Income Fund	5.51%
Transalta Corporation	4.95%
Davis & Henderson Income Fund	4.78%
Pembina Pipeline Income Trust	4.51%
Keyera Facilities Income Fund	4.19%
Artis Real Estate Investment	4.19%
Bell Aliant Regional Communication	4.17%
Whiterock Real Estate Investment	3.87%
Capital Power Income	3.74%
BCE Inc.	3.71%
Medical Facilities Corporation	3.50%
Liquor Stores Income Fund	3.48%
Fort Chicago Energy Class A	3.42%
Rogers Sugar Income Fund	3.09%
Cineplex Galaxy Income Fund	2.67%
K Bro Linen Income Fund	2.46%
Bird Construction Income Fund	2.33%
North West Company Fund	2.32%
Extendicare Real Estate Investment	2.27%
Just Energy Income Fund	2.24%
Telefonica Sa	2.19%
Superior Plus Corporation	2.11%
Annaly Capital Management	1.92%
Altria Group Inc.	1.80%
Total	93.83%



Since Inception, June 29, 2010	\$0.21		
Mutual Fund Conversion			
Date	June 20, 2012		
Warrant Expiry Time			
Date	November 30, 2011		

Commentary:

During the 3rd quarter of 2010, Avenue Investment Management focused on effectively allocating the initial capital of the Harvest Canadian Growth & Income Fund to implement the stated strategy and objectives. The fund benefited due to the improved outlook of two significant concerns. The fears of both a European sovereign debt collapse and an immediate double dip recession in the U.S. continued to diminish. This improved investor appetite which resulted in equity markets rallying through to the end of the quarter.

The desire for yield in the present low inflation environment created an increased demand for companies that offered a consistent and growing dividend. The fund's exposure to the utility sector allowed it to perform strongly over the quarter as companies in this sector generally provide both consistent free cash flow and dividends. This characteristic makes them very attractive to investors who believe we are experiencing a weak global economic recovery.

We continue to believe that Canadian companies in "non-cyclical" sectors offer attractive yield opportunities. During the quarter we saw strong inflows into these sectors. The Canadian market will also continue to see the reallocation of capital from the income trust sector to dividend paying companies over the 4th quarter.

The fund will continue to stay invested and look for Canadian companies primarily in the utilities, communications, real estate, and retail sectors.

Western Canada Office 1155 West Pender Street, Suite 708 Vancouver, BC V6E 2P4 Head Office 710 Dorval Drive, Suite 200 Oakville, ON L6K 3Y4 1.866.998.8298

Eastern Canada Office 1250 René Lévesque Blvd. West, Suite 2200 Montreal, Quebec H3B 4W8

CARVEST

PORTFOLIOS GROUP

Disclaimer – Certain statements included above constitute forward-looking statements ("FLS"), including, but not limited to, those identified by the expressions "believe", "will" and similar expressions. The FLS are not historical facts but reflect the manager's current expectations regarding future results or events including, but not limited to, the development of the Canadian economy. These FLS are subject to a number of risks and uncertainties that could cause actual results or events to differ materially from current expectations. Although the manager believes that the assumptions inherent in the FLS are reasonable, FLS are not guarantees of future performance. Readers are cautioned not to

place undue reliance on such statements. For a complete disclosure record of the Fund,

please visit the Fund's profile at www.sedar.com. The manger undertakes no obligation

to update publicly or otherwise revise any FLS or information except as required by law.